



July 6, 2020

Greetings to All!

We are thankful that we are able to move forward with some steps for CILA residents to visit families and access their community on a limited basis, given some guidance and leeway that DHS (Department of Human Services) provided recently. We are still cautious and plan to take a series of steps as we are able, but we do not have a timeline to share with you right now. Rather, it is dependent on multiple variables and future guidance from DHS. We appreciate your patience and respect of what we are able to do as things unfold.

### Concepts

- Department of Human Services (DHS) encourages limited community opportunities as part of At Home Day Program that started July 1st. Additionally, DHS held a recent webinar that provided guidance which influenced the steps we are able to take.
- Consideration is being given to the emotional health and socialization needs of the residents while maintaining COVID-19 safety protocols.
- ACLP desires to take advantage of a window of time when local (as well as Illinois) COVID cases have stabilized (currently in Restore Illinois Phase 4).
- A gradual progression/expansion of length of family visits and community access will take place over time, and may be retracted at any point if ACLP has positive COVID-19 cases, if local cases spike, or if safety protocols cannot be adhered to.
- Residents who are at risk of more severe illness will be reviewed closely by the DON to determine appropriateness of a visit to the family homes.
- Residents will adhere to safety protocols as other citizens in order to access their community i.e. social distancing, masks, & hygiene.
- Residents pool of regular social exposure will be expanded to the occupants of their immediate family home, as well as their paired CILA.
- Community Outings will be minimal with gradual expansion over time. (See starting list below.)
- ACLP Administration will determine appropriate next steps beyond this initial re-opening plan.

### CILA's will be paired with a consistent house

- For activities & socialization & community access.
- The paired CILA home may be utilized as a place for residents to go during appointments and community access when it is not feasible for an entire house to go.
- The paired house will be treated as housemates (residents do not need to wear masks or social distance).
- Residents of paired houses may be indoors or outdoors at their paired house.

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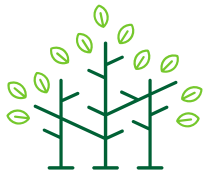
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**Visits to family homes: Precautions and Guidelines**

- Families may pick up the resident at the CILA, take them to the family home for a morning, afternoon or evening. ~4-6 hour time-frame
- Visits to the family home must be scheduled with the Case Manager, not staff at the house.
- Education regarding safe practices/protocols will be conducted over the phone (by the Case Manager) with the family member who is scheduling the home visit.
- Families must attest to safe practices and that no-one is COVID+ upon sign-out of the resident.
- Families will be screened at the door when they pick up resident, and must not enter the home.
- Residents will be screened by staff upon return from the family home.
- Occupants of the family home do not need to social distance or wear masks.
- All non-occupants of the family home must wear a mask and social distance.
- Community access when residents are with members of their family home are the same as Community Outings Starting List below that we are currently doing in CILA's.
- Residents who do not have a local family home may choose a surrogate family home to visit.
- Home visits that are longer than the specified time-frame of ~4-6 hours (i.e. overnight visits) still require a negative COVID test upon return. We are hopeful this can be relaxed in some of the next steps we are able to take. Please contact Janet Bradle, DON, (309) 361-9118 if you have questions about testing.

**Community Outings Starting List: Effective July 6th** (Resident and staff must adhere to all recommended safety protocols currently in place for the community i.e. masks, social distancing & hygiene.)

- Church (preferred outdoor service) or indoor with a staff or family member/surrogate family accompanying closely.
- Personal shopping on an exception basis accompanied by a QIDP (for selection of needed items).
- Spectator at outdoor sports games (preferred park in area where the field is visible and sit in chairs outside vehicle).
- Outings to parks (picnics etc) if it is in a secluded setting.
- Outdoor events such as concerts, zoos, etc if appropriate distancing can be maintained during the event and while coming and going.
- Outdoor dining

**The Outdoor On-Site visit parameters (visits at the CILA home) are listed below (that have been occurring since June 1st) with the last bullet point added:**

- The visit will occur outdoors (or in the garage in the case of inclement weather).
- There must be no physical contact; chairs will be placed by staff for residents and families for appropriate social distancing.
- The visit must be scheduled with the Case Manager (Q). Leigh Mason (309) 229-6926, Mark Baker (309) 291-2232, Joe Ritthaler (309) 635-2525

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- Our staff are still instructed to not allow visitor entry, hence the visit must be scheduled by the Case Manager (Q).
- The guardian/family member will be screened outside (temperature taken, series of questions regarding symptoms, and mask required).
- The Case Manager (Q) must be present at the initial visit.
- Guardians/surrogate family may take their loved one on a walk or bike ride. (limited to 1-2, not groups)

We realize this email contains a lot of information. Please don't be afraid to give us a call if you have questions.

Thank you for your prayers and support for everyone's safety as we go forward!

*Crystal Streitmatter*

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